

Northfield Gymnastics Club



Northfield Gymnastics Club School Year Schedule (Based off 10 WEEK SESSIONS)

Verify Classes on line or by calling the office at 507-663-7772

AGE AS OF SEPT 1ST	Length	Each Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Preschool								
Tots (ages 18mo-2yo w/parent participation)	30min	\$90	4:30		5:30			
Tiny Tumblers. (ages 2yo-3yo with parent participation)	45 min	\$90	5:30	9:30 5:30				10:00
Preschool (ages 3-5 co-ed)	45min	\$100	9:30 4:30 5:30	9:30 5:30	4:30	10:30 4:30 5:30		9:00 10:00 11:00
Kinder Kids (ages 5-6 co-ed)	45min	\$105	4:30 5:30	4:30	5:30	4:30		10:00
Boys Gymnastics								
Boys Apprentice (ages 7-9)	55 min	\$135						11:00
Boys Masters (ages 10-17)	55 min	\$145						11:00
Girls Gymnastics								
Intro to Gymnastics (ages 9yo-13yo)	55min	\$135				5:30		
Beginners	55 min	\$135	5:30	4:30 5:30	4:30	5:30		9:00 11:00
Advanced Beginners	55 min	\$135	4:30 6:30	4:30 6:30		4:30		10:00
Intermediates	75min	\$165	6:30	6:30		6:30		11:00
Advanced	85 min	\$200		6:30		6:30		
Juniors	85min	\$200	6:30					
Specialty Classes, Boys and Girls Ages 5-18								
Tumble for Dance and Cheer	55 min	\$135						
Tramp and Tumble	55 min	\$135			4:30	5:30		
Ninja Zone Classes								
Preschool Ninja								
Baby Ninja (ages 1-2)	45 min	\$90	10:30	4:30	5:30			9:00
Lil Ninja (ages 3-4)	55 min	\$100		5:30		9:30		9:00
School Age Ninja								
NZ White (ages 5-7)	55 min	\$120	5:30	4:30				10:00
NZ White (ages 8-14)	55 min	\$120	4:30	4:30 6:30	5:30			
NZ Yellow (ages 5-7)	65 min	\$135						
NZ Yellow (ages 8-14)	65 min	\$135		6:30	6:30			11:30
NZ Green (ages 8-14)	90min	\$175			6:30			

Sessions
Fall 1 Sept. 3rd - Nov. 9th
Fall 2 Nov. 11th - Feb. 3rd
Winter Feb. 10th - April 18th
Spring April 20th - June 13th

NORTHFIELD GYMNASTICS CLUB
 601 PROFESSIONAL DR. I NORTHFIELD, MN 55047
www.northfieldgymnastics.com

Phone #507-663-7772



Please note class times, instructors and days are subject to change.



WELCOME TO NORTHFIELD GYMNASTICS CLUB

Benefits of Gymnastics?

- * Develops Cognitive Skills
- * Increases Coordination
- * Build Self-Esteem
- * Provides Great Exercise
- * Improves Listening Skills
- * Improves Problem Solving Skills
- * Learn To Set Goals and Achieve Them
- * Opportunity To Interact With Peers
- * Gymnastics Skills Enhance Other Sports And Life Skills
- * The best reason...It's FUN!

OPEN GYMS

A new waiver must be signed by child's parent every school year.

PRESCHOOL: Infant - Kindergarten

- * Wednesdays 9:30-11:00 am
- * \$8 for one child/\$10 per family
- * Family is immediate family members

Monthly Open Gyms

Details coming soon

Ninja O.G. w/ light instruction

- * Friday 7:15-8:30
- * Current NGC Students \$9
- * Non-Students \$11



NINJA OPEN GYM

Come work on your skills!! O.G. is open to all current NGC Ninja's! Ninja staff will be available to give corrections and feedback to our Ninjas!



Check Out Other Benefits At NGC...

- * BIRTHDAY PARTIES
- * PARENT NIGHT OUT
- * CLINICS FOR ALL AGES AND LEVEL
- * NINGA CAMPS
- * PRESCHOOL CAMPS
- * RENTALS
- * GIRLS TEAMS
- * UPPER LEVEL CAMPS
- * CLASSES FOR ALL

DID YOU KNOW?

Your second class is 25% off.

Students taking a second class learn and retain skills at a greater rate than students attending class only once per week.



Receive 10% discount

when a second family member enrolls in a class -- **20% discount** for each additional family member



Holiday CAMPS
coming this winter



Session Dates. *subject to change as NGC sees fit.

- Fall 1** Sept. 3rd - Nov. 9th
- Fall 2** Nov. 11th - Feb. 3rd
- Winter** Feb. 10th - April 18th
- Spring** April 20th - June 13th

NINJA CAMP
JUNE 2020

