



1st Annual Northfield Gymnastics Club Flip-A-Thon 2023

Northfield Gymnastics Club will be hosting our First Annual Flip-A-Thon on Saturday, February 18, 2023. This year we will be raising money to renovate our main gym lobby and balcony viewing areas to better suit our families that love watching their athletes. We will be adding balcony seating, high top tables with electrical outlets, a sibling activity area, coffee bar and more! Our goal is to raise \$15,000 for this remodel and we need your help!

Athletes who would like to participate in our Inaugural Flip-A-Thon are asked to use a pledge sheet & create an online profile (check your email!) to raise money that will be used to renovate our main gym lobby. Any funds raised above and beyond what is needed for the lobby will be placed into our athlete scholarship fund, which provides athletes who need assistance with tuition the opportunity to participate.

Gymnasts ages 6 years and up, of all skill levels, are welcome to join in on the Flip-A-Thon fun! Athletes will be challenged to complete 100 FLIPS in one hour while dancing and partying throughout the event. A variety of flips will be counted, including rolls, cartwheels, walkovers, handsprings, flips off the bars and beam and much more!

We ask that a **minimum donation of \$40** be raised to be eligible to participate. All pre-registered participants who raise at least \$40 will receive a Flip-A-Thon T-shirt at check in. All donations are tax deductible.

For our athletes under 6 years of age and their family, we hope you will join us on Flip-A-Thon day for this FREE to the Community event! Watch our flippers, get autographs from our Northfield Competitive Gymnastics Teams, participate in raffles, get your face painted & so much more!

Pre-Registration is required (check your email or our newsletter), but participants do not have to turn in their donations until the actual event. All funds are to be collected upfront as each athlete will flip 100 times! Space is limited in each session (Morning & possibly an Afternoon), so we ask that if you sign-up and are not able to attend to notify us as soon as possible.

Flip-A-Thon Day of Schedule

Morning Session

- 9:00am Doors Open/Athletes Check-in
- 9:20am Welcome Announcements
- 9:30am Top Tumblers Showcase
- 9:45am Flippers Start Flipping!
- 10:00am Raffle Drawing #1
- 10:15am 3 Minute Full-Gym Dance Party
- 10:30am Dash for Cash
- 10:45am Flippers done Flipping
- 11:00am End of Event

Throughout the event there will be prize giveaways, posters & autographs available from our competitive teams, popcorn & so much more!

**If the first session fills with athletes, we will run an afternoon session with the same schedule from 12-2pm.*

Every little bit helps, so even if you can't participate in this special event, your donations are greatly appreciated! You can visit www.NorthfieldGymnastics.com to learn more about our programming and make a direct donation.

THANK YOU FOR YOUR SUPPORT!