



# NORTHFIELD GYMNASTICS CLUB

## Fall 2024--September 3-November 9 Training Gym Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
# of Classes in this Session	9	10	10	8 No Class 10/17 & 10/31	8 No Class 10/18 & 11/8	9 No Class 10/19
<b>Girls Rec Gymnastics</b>						
Youth Beginners (60 min) (8+ years)		4:45	4:00 5:10	4:30 6:10		
Advanced Beginner 1 (75 min)	6:10	4:00	4:30 6:20	6:00		
Advanced Beginner 2 (75 min)	4:05		4:05			
Intermediate 1 (90 min)		6:30	5:55			
Intermediate 2					6:40	
<b>Girls Pre-Competitive Gymnastics</b>						
<b>MAGA Girls Pre-Team</b> Passed Intermediate 1--2 hour class		5:40				
<b>Acro &amp; Tumbling</b>						
Acro Dance 1 ages 5-8 years (60 min)				5:15		
Acro Dance 2 ages 9-17 years (60 min)				6:25		
<b>Boys Rec Gymnastics</b>						
Boys Beginner 1				3:55	5:10	
Boys Beginner 2				7:00		
Boys Intermediate 1	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
<b>Ninja</b>						
Lil' Samurai (45 min) (ages 4-5)	10:00 4:30 5:15			10:00 5:05		10:50
Samurai's (60 min) (6+)	4:10		4:15	10:55	6:20	11:45
Nunchucks (60 min) (6+)			5:25 6:35	6:00	4:00 6:20	
Throwing Stars				7:10		
Katanas	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
<b>Homeschool Classes</b>						
Homeschool Gymnastics	10:55					
Homeschool Ninja						
<b>Adult Competitive &amp; HS Off-Season</b>						
High School Off-Season	3:30-6:30		6:00-9:00			9:00-12:00
<b>Open Gym @ Training Gym</b> <small>*See Tumble Bugs Schedule for Open Play Times available there</small>						
PreK Open Gym			10:30-12:00			
All Ages Open Gym						1:00-2:30**
HomeSchool Open Gym			10:30-12:00			
Adult Open Gym (16+)			8:00-9:00			

\*\*Be sure to check our online calendar to ensure open gym is happening, particularly on Saturdays.

**No Class Dates (these are not included in your tuition)**

October 17-20, October 31, November 8

[Register at www.NorthfieldGymnastics.com](http://www.NorthfieldGymnastics.com)