



# NORTHFIELD GYMNASTICS CLUB

## Fall 2025--September 2-November 9 Training Gym Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
# of Classes in this Session	9	10	10	9 No Class 10/16	8 No Class 10/17 & 10/31	9 No Class 10/18
Girls Rec Gymnastics						
Beginner 1 (60 min) (6+ years)	4:30	4:30	4:15	4:15	3:45	9:15
Beginner 2 (60 min) (6+ years)	4:15	5:10	4:00	5:30	5:00	
Advanced Beginner 1 (75 min)	5:45		5:15			10:30
Advanced Beginner 2 (75 min)	6:15	5:45				
Intermediate 1 (90 min)				6:00		
Intermediate 2						
Girls Pre-Competitive Gymnastics						
NGA Girls Pre-Team Ages 5-10 years Year Round Class both days 90 min each		4:00	5:00			
MAGA Girls Pre-Team Passed Advanced Beginner 2 Year Round Class both days 2 hr each		6:30				9:00
Boys Rec Gymnastics						
Boys Beginner 1		4:00				
Boys Beginner 2						
Boys Intermediate 1	Not offered this session please contact <a href="mailto:info@northfieldgymnastics.com">info@northfieldgymnastics.com</a> for an alternative.					
Ninja						
Lil' Samurai (45 min) (ages 4-5)		5:00	3:45 5:30	4:00		12:00
Samurai's (60 min) (6+)			4:40			
Nunchucks (60 min) ( 6+)	5:30					
Throwing Stars			5:45			
Katanas	Not offered this session please contact <a href="mailto:info@northfieldgymnastics.com">info@northfieldgymnastics.com</a> for an alternative.					
Adult Competitive & HS Off-Season						
High School Off-Season	3:30-6:30	6:00-9:00			9:00-12:00	
Adaptive Gymnastics						
Adaptive 6+						2:45
Open Gym @ Training Gym *See Tumble Bugs Schedule for Open Play Times available there						
PreK Open Gym				11:00-12:00		
All Ages Open Gym						1:00-2:30**
Adult Open Gym (16+)			8:00-9:00			

\*\*Be sure to check our online calendar to ensure open gym is happening, particularly on Saturdays.

**No Class Dates (these are not included in your tuition)**

October 16-18, 31

[Register at www.NorthfieldGymnastics.com](http://www.NorthfieldGymnastics.com)



## Tumble Bugs Gym

680 Professional Drive *(Across the street from our main gym)*

[Register Today](#)

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### Tumble Bugs Gym Schedule

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Pre-K Gymnastics (6 Months-5 Years)						
Busy Bees 6mo-1.5yr (30 min)	10:45			9:50		12:00
Tipsy Tots 1.5yr-3yr (45 min)	9:00 4:10	5:40				
Thrilling 3's 3 years (45 min)	4:20	9:00 4:15		9:00		11:05
Fabulous 4's 4 years (45 min)	9:50	9:50 6:30		4:15		11:15
Flying 5's 5 years (45 min)	5:10	4:05 5:10		5:05		12:05
Open Play						
Open Play	10:45					

PreK Open Gym--In the Main Gym--Thursdays 11:00-12:00pm

**No Class Dates (these are not included in your tuition)**

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