


<div><div></div><div>NORTHFIELD GYMNASTICS CLUB</div><div></div></div>							
Fall 2023–September 5–November 11							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
# of Classes in this Session	9	9	10	9	9	8	10
Intermediate & Advanced Girls Rec Gymnastics							
Youth Beginners (9+ years)	4:10-5:25 5:30-6:30		3:45-4:45	6:40-7:40			
Advanced Beginners	4:00-5:15 5:25-6:40 6:45-8:00		4:55-6:10 6:20-7:35	5:15-6:30			
Intermediate 1		6:00-7:30		4:30-6:00			
Intermediate 2			6:30-8:00				
Pre-Competitive Gymnastics (Girls & Boys)							
MAGA Girls Pre-Team *Both days included in tuition			4:20-6:20			11:00-1:00	
Acro & Tumbling Rec & Competitive							
Intro to A&T		5:00-6:30	6:10-7:40				
A & T Tumbling 1		6:40-7:40	5:00-6:00				
A & T Tumbling 2				5:30-6:30			
NorthStar A & T Team	Coming November 2023!!!						
Boys Rec Gymnastics							
Boys Beginner 1	5:10-6:10		5:15-6:15		4:00-5:00		
Boys Beginner 2	6:20-7:20						
Boys Intermediate 1					5:15-6:30		
Ninja							
Lil' Samurai	3:45-4:30 5:50-6:35	3:45-4:30		3:45-4:30	5:20-6:05	8:45-9:30 12:00-12:45	
Samurai's		4:00-5:00		5:50-6:50	6:15-7:15	9:40-10:40	
Nunchucks	4:40-5:40 6:45-7:45	4:40-5:40		4:40-5:40	4:10-5:10	10:50-11:50	
Throwing Stars	3:50-4:50	5:10-6:10		4:00-5:00			
Katanas							
Specialty Classes							
HomeSchool Gymnastics Class	Day & Time Coming Soon!!!						
Strength & Conditioning	7:30-8:15				6:45-7:30		
Beginner Adaptive							4:00-4:45
Intermediate Adaptive							5:00-5:45
Adult Competitive & HS Off-Season							
High School Off-Season		6:30-9:00		6:30-9:00	6:30-9:00		
Adult Competitive		6:30-9:00		6:30-9:00	6:30-9:00	8:00-11:00	
Open Gym							
PreK Open Gym			9:00-10:30				
School-Age Open Gym						1:00-2:30	
HomeSchool Open Gym			9:00-10:30				
Adult Open Gym			8:00-9:00				

No Class Dates (these are not included in your tuition)

Sept. 30, Oct. 19, 20, 21, 31

Register at www.NorthfieldGymnastics.com