COMPLETED NGA LEVEL 4 OR GOLD **NOVAS** MAGA PRE-TEAM MAGA TEAMS Passed Rec INTERMEDIATE

HIGH SCHOOL GYMNASTICS

Athletes may choose to compete for their High School team around age 14 years. Check with your HS for exact age & any skill requirements.

CHAMPIONSHIP SEASON

HIGH

SCHOOL

High School and MAGA athletes join NGA for the "shoulder" seasson outside of their regular association season for a chance to compete at NGA Nationals in June of each year.