



# NORTHFIELD GYMNASTICS CLUB

Spring 2024--March 18-May 23 2024  
Training Gym Schedule

**SPRING SHOWCASE--May 18th, 2024!**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
# of Classes in this Session	10	10	9 No Class 4/17	10	9	8 No Class 5/18
<b>Girls Rec Gymnastics</b>						
Youth Beginners (8+ years)	4:00 pm 5:30 pm		3:45 PM	4:05 PM		
Advanced Beginner 1	5:25 pm 6:10 pm		5:40 pm 7:05 pm	6:10 PM		
Advanced Beginner 2	4:00 pm 6:45 pm					
Intermediate 1		6:00 PM	4:00 PM	4:30 PM		
Intermediate 2	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
<b>Boys &amp; Girls Pre-Competitive Gymnastics</b>						
<b>NGA Girls Team Prep 4-6 yrs</b> <small>*no pre-requisites</small>			4:00 PM			
<b>NGA Girls Team Prep 7+ yr</b> <small>*Both days included in tuition, no pre-requisites</small>		4:15 PM		5:15 PM		
<b>MAGA Girls Pre-Team</b> <small>*Both days included in tuition, passed Intermediate 1</small>		5:45 PM		6:00 PM		
<b>NGA Boys Team Prep 5+ yr</b> <small>*no pre-requisites</small>						9:00 AM
<b>Acro &amp; Tumbling</b>						
<b>NorthStar Acro &amp; Tumbling Training Team</b> <small>*Both days included in tuition</small>		4:30-6:30			4:30-6:00	
Acro Dance 1 ages 5-8 years		6:00 PM				
Acro Dance 2 ages 9-17 years				5:15 PM		
<b>Boys Rec Gymnastics</b>						
Boys Beginner 1			5:15 PM			11:10 AM
Boys Beginner 2				6:50 PM		
Boys Intermediate 1	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
<b>Ninja</b>						
Lil' Samurai	9:30 am 3:45 pm 4:40 pm	3:45 PM	11:10 AM	4:00 pm 5:15 pm	9:15 AM	
Samurai's		4:40 PM		5:15 PM		
Nunchucks			4:00 PM	4:05 pm 4:30 pm		
Throwing Stars			6:15 PM			
Katanas	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
<b>Homeschool Classes</b>						
Homeschool Gymnastics	10:25 AM			2:45 PM		
<b>Adult Competitive &amp; HS Off-Season</b>						
High School Off-Season		6:30 PM		6:30 PM	6:30 PM	
Adult Competitive			8:00 PM			
<b>Open Gym @ Training Gym</b> <small>*See Tumble Bugs Schedule for Open Play Times available there</small>						
PreK Open Gym			9:30-11:00			
School-Age Open Gym						1:00-2:30**
HomeSchool Open Gym			9:30-11:00			
Adult Open Gym			8:00-9:00			

\*\*Be sure to check our online calendar to ensure open gym is happening, particularly on Saturdays.

**No Class Dates (these are not included in your tuition)**

April 17, May 18

Register at [www.NorthfieldGymnastics.com](http://www.NorthfieldGymnastics.com)