



NORTHFIELD GYMNASTICS CLUB

Spring 2025--March 17-May 22 2025
Training Gym Schedule

SPRING SHOWCASE--May 10th, 2025!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
# of Classes in this Session	10	10	10	10	9	8 No Class 4/19
Girls Rec Gymnastics						
Girls Beginner 1 6+ years- 60 min	4:20 5:10	3:45 4:50	5:10	4:00	4:00	9:00
Girls Beginner 2 60 min	4:00	4:35 6:00	4:00	5:10	6:30	10:10
Advanced Beginner 1 75 min	6:20	5:45	6:20	6:20	5:10	11:15
Advanced Beginner 2 75 min	7:15	4:30		5:40		
Intermediate 1 90 min	5:30					
Intermediate 2	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
Boys & Girls Pre-Competitive Gymnastics						
NGA Girls Team Prep 4-6 yrs <small>*no pre-requisites</small>			4:00-5:30			
NGA Girls Team Prep 7+ yr <small>*Both days included in tuition, no pre-requisites</small>	4:00-5:30			4:00-5:30		
MAGA Girls Pre-Team <small>*Both days included in tuition, passed Advanced Beginner 2</small>		4:00-6:00		6:15-8:15		
NGA Boys Team Prep 5+ yr <small>*no pre-requisites</small>						9:30-11:00
Boys Rec Gymnastics						
Boys Beginner 1		4:15				9:30
Boys Beginner 2				7:00		10:40
Boys Intermediate 1	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
Ninja						
Lil' Samurai 4-5y 45 min	10:00	5:30		10:00		9:30
Samurai's 6y 60 min		6:20	4:15			10:20
Nunchucks 7+ 60 min			5:25			11:30
Throwing Stars 60 min			6:35			11:45
Katanas	<i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i>					
Specialty Classes						
Homeschool Gymnastics	10:55		9:15			
Homeschool Ninja				10:55		
Adaptive Gymnastics	Held Sundays at 11:45 am					
Open Gym @ Training Gym <small>*See Tumble Bugs Schedule for Open Play Times available there</small>						
PreK Open Gym			10:30-12:00			
School-Age Open Gym						1:00-2:30**
HomeSchool Open Gym			10:30-12:00			
Adult Open Gym			8:00-9:00			

**Be sure to check our online calendar to ensure open gym is happening, particularly on Saturdays.

No Class Dates (these are not included in your tuition)

April 19

Register at www.NorthfieldGymnastics.com