

|  |   |                    | 11 17 10 1         |                         | LUB  |
|--|---|--------------------|--------------------|-------------------------|--|
| Summer 2025June 9 thru August 22   |   |                    |                    |                         |  |
| Training Gym Schedule  |   |                    |                    |                         |  |
|  | Monday  | Tuesday            | Wednesday          | Thursday                | Friday   |
| # of Classes in this Session   | 10<br>No class 6/30   | 10<br>No Class 7/1 | 10<br>No Class 7/2 | 9<br>No Class 7/3, 8/14 |  |
| Girls Rec Gymnastics   |   |                    |                    |                         |  |
| Beginner 1<br>(60 min) (6+ years)  | 4:55  | 4:00               | 5:00               | 4:00                    | FRIDAY FOCUS CLINICS 8:30 AM 10:15 AM  Every Friday is a different focus |
| Beginner 2<br>(60 min) (6+ years)  | 4:10  | 5:10<br>5:40       | 6:15               | 5:10                    |  |
| Advanced Beginner 1  |   | 6:20               | 6:10               |                         |  |
| Advanced Beginner 2<br>(75 min)  |   | 4:15               |                    |                         |  |
| Intermediate 1<br>(90 min)   |   |                    | 6:00               |                         |  |
| Intermediate 2   |   | 4:30               |                    |                         | \$25/Clinic  |
| Boys Rec Gymnastics  |   |                    |                    |                         |  |
| Boys Beginner 1 & 2  |   | 3:45               |                    |                         |  |
| Boys Intermediate 1  | Not offered this session please contact info@northfieldgymnastics.com for an alternative. |                    |                    |                         |  |
| Ninja  |   |                    |                    |                         |  |
| Lil' Samurai   | 4:00  |                    | 4:00               |                         |  |
| Samurai's  | 5:15  |                    |                    |                         |  |
| Nunchucks  | 6:25  |                    |                    |                         |  |
| Throwing Stars   | Not offered this session please contact info@northfieldgymnastics.com for an alternative. |                    |                    |                         |  |
| Katanas  |   |                    |                    |                         |  |
| Adaptive Gymnastics  |   |                    |                    |                         |  |
| All Age Adaptive   |   |                    |                    |                         | 3:30   |
| Open Gym @ Training Gym  *See Tumble Bugs Schedule for Open Play Times available there   |   |                    |                    |                         |  |
| Open Gym will resume in September!   |   |                    |                    |                         |  |
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<sup>\*\*</sup>Be sure to check our online calendar to ensure open gym is happening, particularly on Saturdays.

No Class Dates (these are not included in your tuition)

June 30-July 6, August 14

Register at www.NorthfieldGymnastics.com