



NORTHFIELD GYMNASTICS CLUB

Winter 2025--January 6-March 16 2025 Training Gym Schedule

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|-----------|------------------------|------------------------|--------------------------------|--------------------------|
| # of Classes in this Session | 9 No Class 2/17 | 10 | 10 | 9 No Class 1/9 | 7 No Class 1/17, 1/31, 2/28 | 8 No Class 2/22 & 3/1 |
| Girls Rec Gymnastics | | | | | | |
| Beginner 1 (60 min) (6+ years) | 4:00-5:00 | 3:45-4:45 | 5:10-6:10 | 4:00-5:00 6:30-7:30 | | 9:00-10:00 |
| Beginner 2 (60 min) (6+ years) | | 4:50-5:50 | 4:00-5:00 6:00-7:00 | 5:10-6:10 7:10-8:10 | 6:00-7:00 | 10:10-11:10 |
| Advanced Beginner 1 (75 min) | 7:10-8:25 | 4:00-5:15 | 6:20-7:35 | 5:50-7:05 | 7:05-8:20 | 11:15-12:30 |
| Advanced Beginner 2 (75 min) | 6:20-7:35 | 5:45-7:00 | | 6:20-7:20 | | |
| Intermediate 1 (90 min) | 4:15-5:45 | 5:30-7:00 | | | | |
| Intermediate 2 | | 4:00-5:30 | | | | |
| Boys Rec Gymnastics | | | | | | |
| Boys Beginner 1 & 2 | | 4:15-5:15 | | | | |
| Boys Intermediate 1 | <i>Not offered this session please contact info@northfieldgymnastics.com for an alternative.</i> | | | | | |
| Ninja | | | | | | |
| Lil' Samurai | 10:00-10:45 4:35-5:20 | 5:30-6:15 | | 10:00-10:45 | | |
| Samurai's | | 6:20-7:20 | 4:15-5:15 | | | |
| Nunchucks | | | 5:25-6:25 | | | |
| Throwing Stars | | | 6:35-7:35 | | | |
| Katanas | | | | | | |
| Homeschool Classes | | | | | | |
| Homeschool Gymnastics | 10:55-11:55 | | | | | |
| Homeschool Ninja | | | | 10:55-11:55 | | |
| Open Gym @ Training Gym | | | | | | |
| <i>*See Tumble Bugs Schedule for Open Play Times available there</i> | | | | | | |
| PreK Open Gym | | | 10:30-12:00 | | | |
| School-Age Open Gym | | | | | | 1:00-2:30** |
| HomeSchool Open Gym | | | 10:30-12:00 | | | |
| Adult Open Gym | | | 8:00-9:00 | | | |

****Be sure to check our online calendar to ensure open gym is happening, particularly on Saturdays.**

No Class Dates (these are not included in your tuition)

January 9, 17, 31 February 17, 22, 28. March 1

[Register at www.NorthfieldGymnastics.com](http://www.NorthfieldGymnastics.com)