



NORTHFIELD GYMNASTICS CLUB

Winter 2024--January 8-March 17 2024

Training Gym Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
# of Classes in this Session	9 No Class 2/19	10	10	10	9 No Class 1/26	8 No Class 2/10 & 2/24
Girls Rec Gymnastics						
Youth Beginners (8+ years)	4:00-5:00 5:30-6:30		3:45-4:45			
Advanced Beginners	4:00-5:15 5:25-6:40 6:45-8:00		5:40-6:55 7:05-8:20	5:15-6:30		
Intermediate 1	4:15-5:45	6:00-7:30	4:00-5:30	4:30-6:00		
Intermediate 2	Not offered this session please contact info@northfieldgymnastics.com for an alternative.					
Girls Pre-Competitive Gymnastics						
MAGA Girls Pre-Team *Both days included in tuition, passed Intermediate 1		5:45-7:45		6:00-8:00		
Acro & Tumbling						
NorthStar Acro & Tumbling Team *Both days included in tuition		4:30-6:30			4:30-6:00	
Acro Dance 1 ages 5-8 years		6:00-6:30				
Acro Dance 2 ages 9-17 years				5:15-6:00		
Boys Rec Gymnastics						
Boys Beginner 1			5:15-6:15			
Boys Beginner 2	6:20-7:20			6:50-7:50		
Boys Intermediate 1	Not offered this session please contact info@northfieldgymnastics.com for an alternative.					
Ninja						
Lil' Samurai	3:45-4:30 4:40-5:25	3:45-4:30		4:00-4:45	9:15-10:00	
Samurai's	5:05-6:05	4:00-5:00 4:40-5:40		5:50-6:50		
Nunchucks	6:10-7:10		4:00-5:00	4:40-5:40		
Throwing Stars		5:10-6:10				
Katanas			6:15-7:30			
Homeschool Classes						
Homeschool Gymnastics				2:45-3:45		
Homeschool Ninja					10:10-11:10	
Adult Competitive & HS Off-Season						
High School Off-Season	Not offered this session--Check back after season in March!					
Adult Competitive		6:30-9:00		6:30-9:00	6:30-9:00	8:00-11:00
Open Gym @ Training Gym *See Tumble Bugs Schedule for Open Play Times available there						
PreK Open Gym			9:30-11:00			
School-Age Open Gym						1:00-2:30**
HomeSchool Open Gym			9:30-11:00			
Adult Open Gym			8:00-9:00			

**Be sure to check our online calendar to ensure open gym is happening, particularly on Saturdays.

No Class Dates (these are not included in your tuition)

January 26, February 10, 19, 24

Register at www.NorthfieldGymnastics.com